

TARGET:HF™



TARGET: HEART FAILURE HEART FAILURE DISCHARGE CHECKLIST

Please complete all boxes for each HF indicator:

Admit Date: _____ Admit Unit: _____ Discharge Date: _____ Discharge Unit: _____
 Attending Physician: _____ HF Etiology: _____
 Follow-up appointment (date/time/location): _____

Complete All Boxes for Each HF Indicator	YES	NO	Reason Not Done/ Contraindications
Angiotensin-converting enzyme inhibitor (if LVSD)			<input type="checkbox"/> NA <input type="checkbox"/> CI
Angiotensin receptor blocker (if LVSD and ACEI not tolerated)			<input type="checkbox"/> NA <input type="checkbox"/> CI
β-Blocker (if LVSD, use only carvedilol, metoprolol succinate, or bisoprolol)			<input type="checkbox"/> NA <input type="checkbox"/> CI
Aldosterone antagonist (if LVSD, Cr ≤2.5 mg/dl in men, ≤2.0 mg/dl women, and patient's potassium and renal function will be closely monitored)			<input type="checkbox"/> NA <input type="checkbox"/> CI
Hydralazine/nitrate (if self identified African American and LVSD)			<input type="checkbox"/> NA <input type="checkbox"/> CI
Most recent left ventricular ejection fraction (_____ %) Date of most recent LVEF (_____) Method of assessment: <input type="checkbox"/> Echocardiogram <input type="checkbox"/> Cardiac catheterization <input type="checkbox"/> MUGA scan			
Anticoagulation for atrial fibrillation or flutter (permanent or paroxysmal) or other indications			<input type="checkbox"/> NA <input type="checkbox"/> CI
Precipitating factors for HF decompensation identified and addressed			
Blood pressure controlled (<140/90 mm Hg)			
Pneumococcal vaccination administered			<input type="checkbox"/> CI
Influenza vaccination administered (during flu season)			<input type="checkbox"/> NA <input type="checkbox"/> CI
EP consult if sudden death risk or potential candidate for device therapy			<input type="checkbox"/> NA <input type="checkbox"/> CI
Counseling			
Sodium restricted diet			
Fluid restriction (if indicated)			
Monitoring of daily weights			
What to do if HF symptoms worsen			
Physical activity level counseling			
Treatment and adherence education			
Enhanced HF education (at least 60 minutes by trained HF educator)			

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 TAKING THE FAILURE OUT OF HEART FAILURE
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Insert Patient Sticker Here



The American Heart Association and the Heart Failure Society of America are working together to improve delivery of evidence based care for heart failure patients.